















Save the Date!

Friday, May 8 10am - 2pm

Receive the information and resources you need to achieve and maintain an active, happy life!

Enjoy prizes, free materials, refreshments & demonstrations!

Join us in celebrating Health & Wellness!



Where: 6811 La Jolla Blvd. La Jolla 92037 (858) 459-0831 www.ljcommunitycenter.org

Free - Open to All Free Valet Available









