**Emergency Procedures**

**POST TEST**

**Print Your Full Name Here:**

**Date Course Completed:**

**I certify that I have completed the entire online module of this course.**

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**HCA Signature**

**Please note: If you have any questions about the content of the course please indicate them on the bottom of this test form and we will be in touch to answer the questions.**

**Instructions**: Completely fill in the circle for the most correct response to each question.

1. **True or False:** The basics of first aid are to keep the injured/ill individual alive, prevent further injury, and promote recovery.
   1. True
   2. False
2. An example of a general rule to follow when a client is in need of emergency care is to:
   1. Stay calm and focused.
   2. Check for bleeding, breathing, and a pulse.
   3. Stay on the phone with 911 emergency services until instructed to hang up
   4. Do not move the injured individual
   5. All of the above
3. The ABC’s of first aid stand for:
   1. Airway, Bother, Call for help
   2. Airway, Breathing, Circulation
   3. Airway, Breathing, Counting
   4. Ask for help, Breathing, Call 911
4. **True or False:** The goal of CPR is to keep oxygenated blood circulating to the brain and other parts of the body until the pulse returns or until medical help can take over.
   1. True
   2. False
5. Your client is eating an apple and begins to choke giving you the universal sign of choking (hands grasping the throat). You should immediately:
   1. Ask them if they are choking, if they nod yes, pat them repeatedly on the back
   2. Have them drink water and lie down
   3. Ask them if they are choking, if they nod yes, preform the Heimlich Maneuver, which is a procedure using thrusts to the abdomen in attempt to dislodge an item from the air way
6. Which example(s) of symptoms would constitute a medical emergency:
   1. Chest pain that radiates to their arm
   2. Difficulty breathing
   3. Bleeding you cannot control
   4. A broken hip
   5. All of the above
7. When calling 911 make sure you do **NOT**:
   1. Speak slowly and clearly
   2. Hang up on the 911 dispatch operator
   3. Know the address of where you are
   4. Describe the emergency

**Do you have any questions about the material covered in this online course?**

**Mail completed test to:**

**Hera Hub**

**Attn: Seniors Helping Seniors**

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