**Dementia Skills**

**POST TEST**

**Print Your Full Name Here:**

**Date Course Completed:**

**I certify that I have completed the entire online module of this course.**

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**HCA Signature**

**Please note: If you have any questions about the content of the course please indicate them on the bottom of this test form and we will be in touch to answer the questions.**

**Instructions**: Completely fill in the circle for the most correct response to each question.

1. **True or False:** Dementia is a progressive disease of the brain that causes problems with memory, thinking and behavior.
   1. True
   2. False
2. When communicating with a client with Dementia you should:
   1. Ask them a lot of questions about their day to help them remember.
   2. Give them very detailed instructions about what you would like them to do.
   3. Repeat questions as often as needed for understanding.
3. **True or False:** A “behavior” exhibited by a person with Dementia is an out-of character response to a situation that is a symptom of a progressive illness and a form of communication.
   1. True
   2. False
4. **True or False:** Some key safety considerations when caring for a person with Dementia (circle all that apply):
   1. Preventing wandering and falls.
   2. Preventing injuries.
   3. Medication safety.
   4. All of the above.
5. **True or False**: A new environment or one that is very noisy or active can trigger a behavior in a person with Dementia.
   1. True
   2. False
6. Which of the following is a good strategy for responding to a behavior by a client with Dementia?
   1. Ignore the behavior.
   2. Ask them to stop the behavior immediately
   3. Redirect them to a new activity or discussion,
   4. All of the Above
7. Which of the following is a good strategy for connecting with a person with Dementia?
   1. Introduce yourself each time you see them.
   2. Speak loudly and forcefully.
   3. If they don’t seem to be understanding what you are saying quickly move to a new topic.
   4. None of the above.
8. It is important as a caregiver for a person with Dementia to:
   1. Remember that kindness is more important than honesty.
   2. Redirect to a pleasant activity if communication becomes difficult.
   3. Never quiz a client with Dementia on what they remember or argue with them over details.
   4. All of the above..
9. **True or False:** When responding to a behavior it is important to consider the unique strengths of the individual and focus on their skills and abilities.
   1. True
   2. False

**Do you have any questions about the material covered in this online course?**

**Mail completed test to:**

**Hera Hub**

**Attn: Seniors Helping Seniors**

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